

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30AM	LES MILLS BODYPUMP PATTIE 30	TOTAL BODY CONDITIONING DEBRA 60	LES MILLS BODYPUMP KAREN 60	TOTAL BODY CONDITIONING DEBRA 60	LES MILLS BODYCOMBAT GABBY 60	PIYO DEBRA 60	LES MILLS BODYCOMBAT DEBRA 60
6:00AM	LES MILLS CXWORX PATTIE 30	ZUMBA LISA 60	PILATES MICHELEE 60	YOGA GAYLE 60	PILATES MICHELEE 60	LES MILLS BODYSTEP EVAN 60	PIYO DEBRA 60
8:30AM	LES MILLS BODYPUMP KAREN 60	Core Strength REGGIE 30	TOTAL BODY CONDITIONING KYLIE 60	ZUMBA BRITTANY 60	LES MILLS BODYCOMBAT CAROL 60	LES MILLS CXWORX EVAN 30	
9:30AM	PILATES CANDY 60	LES MILLS GRIT STRENGTH KIERSTEN 30	FOREVER FIT REGGIE 60	Core Strength REGGIE 30	LES MILLS BODYPUMP DEBRA 60	LES MILLS BODYPUMP KAREN 60	
10:30AM	FOREVER FIT REGGIE 60	YOGA GAYLE 60	LES MILLS BODYPUMP DEBRA 60	LES MILLS GRIT PLYO KIERSTEN 30		ZUMBA EVAN 60	
5:00PM	LES MILLS GRIT STRENGTH DEBRA 30	LES MILLS BODYPUMP PATTIE 30	ZUMBA ANA 60	YOGA GAYLE 60			
5:30PM	ZUMBA CHELSEA 60	LES MILLS CXWORX PATTIE 30	YOGA JENNIFER 60	TOTAL BODY CONDITIONING REGGIE 60			
6:30PM	LES MILLS BODYPUMP EVAN 60	LES MILLS BODYCOMBAT CAROL 60		ZUMBA CHELSEA 60			
7:30PM	YOGA KIRK 60	ZUMBA EVAN 60		LES MILLS BODYSTEP EVAN 60			
		LES MILLS CXWORX EVAN 30					

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30AM	STUDIO CYCLING KARI 60	STUDIO CYCLING KAREN 60	STUDIO CYCLING DEBRA 60	STUDIO CYCLING SARA 60	STUDIO CYCLING JENNIE 60	STUDIO CYCLING PATTIE 60	
4:00PM	STUDIO CYCLING DOUG 30	STUDIO CYCLING SARA 30	STUDIO CYCLING SARA 60	STUDIO CYCLING DOUG 30	STUDIO CYCLING SARA 60	STUDIO CYCLING JENNIE 60	
5:00PM	STUDIO CYCLING CHRISTINE 60	STUDIO CYCLING JENNIE 60	STUDIO CYCLING KARI 60	STUDIO CYCLING DAVID 30			
			STUDIO CYCLING DOUG 30				
			STUDIO CYCLING DAVID 60				